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Chicago Dept of Public Health



OFFICE OF VIOLENCE PREVENTION

Violence Prevention E-Brief

Children Point the Way to PEACE

“People say that walking on water is a miracle; but to me, walking peacefully on Earth is the real miracle.”

Thich Nhat Hanh

In recognition of October as Violence Prevention Awareness Month, the Office of Violence Prevention invited colleagues to ask the children in their lives :

How can you keep from hurting other people?

Here's some of the wisdom they shared:

“... be very careful with people around... Control your temper.”

Quincy, age 14

“... calm yourself and step away. If you can't, talk it out, walk it off.

Candice, age 16

“Keep my hands and feet to myself.”

Allen, age 6

“Don't fight with them, kick at their face, or punch them in the eye... be nice, friendly and play with them.”

Symone, Age 4

“Don't say mean words...do not yell at people. Leave them alone so you will not hit them or say something mean. If you hurt somebody, you should say 'I'm sorry'.

Trevor, Age 6

“Walk away. Tell an adult. Stay calm.”

Richard, Age 12

“By paying attention to what you are doing– don't always yell at kids– it makes them feel bad and makes them angry.”

Glenn, Age 12

“Personally, I would say that adults should tell their kids that fighting is not the right thing to go by.”

Jazmine, Age 9

“do not laugh at people that are different from you.”

Priya, Age 7

“I can say 'I'm sorry' and won't do it again.”

Tyler, Age 5